



TEAM REGISTRATION

YES, (*name of company/organization*) _____ will join forces with the River City Express Network of the American Business Women's Association in promoting women's education by participating in the 2010 River City Relay.

Team Captain Name _____

Team Member #2 Name _____

Team Member #3 Name _____

Team Member #4 Name _____

Team Member #5 Name _____

WAIVER OF CLAIM

In consideration of acceptance of this entry, I waive and release any and all claims for myself, my agents and my heirs against the River City Express Network, the American Business Women's Association, the ABWA Company, Inc., any ABWA chapter or local affiliate group, the city of Richmond, sponsors, properties of the relay points for the Relay, and all officials of the race for any injury or illness which may directly or indirectly result from my participation in the River City Relay to be held on April 16, 2010.

I certify that I am in good physical condition, of legal age in the state of Virginia, and fully able to participate in this event.

I have read and understand this waiver and agree to the waiver conditions.

Participant Name _____

Address _____ City, State, ZIP _____

Phone (day) _____ Phone (eve) _____

Participant Signature _____ Date _____

I have read and understand this waiver and agree to the waiver conditions.

Participant Name _____

Address _____ City, State, ZIP _____

Phone (day) _____ Phone (eve) _____

Participant Signature _____ Date _____

I have read and understand this waiver and agree to the waiver conditions.

Participant Name _____

Address _____ City, State, ZIP _____

Phone (day) _____ Phone (eve) _____

Participant Signature _____ Date _____

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Participant Name _____

Address _____ City, State, ZIP _____

Phone (day) _____ Phone (eve) _____

Participant Signature _____ Date _____

I have read and understand this waiver and agree to the waiver conditions.

Participant Name _____

Address _____ City, State, ZIP _____

Phone (day) _____ Phone (eve) _____

Participant Signature _____ Date _____

Mail this completed form and your team's check for \$250 made payable to River City Express Network to:

Cindy Mims. 3 Poe Street, Richmond, VA 23222

Registration deadline: April 1, 2010

More information and online registration is available at:

www.RiverCityExpressNetwork.org