

# RIVER CITY RELAY

## RACE RULES

Team members are encouraged to attend a pre-event training session approximately two weeks prior to the Relay. Team captains are required to attend.

1. Teams captains must report to the registration table to pick up race numbers at least 30 minutes before the RELAY begins. The registration table will open at 10:30 am. If the captain has not previously turned in the Waiver Form, each team member must sign one at the registration table. Captains will be informed of their team's number and heat in the RELAY line-up at this time. Teams checking in late will be assessed a 30-second penalty.
2. Team members must report in office attire and sport shoes plus carry briefcases containing business shoes. Starters must arrive in business shoes; when the start whistle is sounded, they change into sport shoes, place business shoes in the briefcase and start racing. Each team must have five briefcases that are carried by the handles. Teams can promote their team/company/sponsor name by placing insignias or logos on their briefcases. **Teams not abiding by this set of rules will be automatically disqualified. Entry fees are not refundable.**
3. Team members must wear race numbers on the FRONT of their jacket/uniforms.
4. After securing their race numbers, racers will proceed to the start point for their leg of the race. (Each racer can race only one leg of the route.) Relay point captains will assess 30-second penalties for: missing briefcases, business shoes, race numbers.
5. Starters will be supplied with a business publication to use as a relay baton.
6. The RELAY will start on time, barring man-made or natural disasters. RAIN POLICY
7. Racers must walk on sidewalks, take stairs one at a time and obey all pedestrian traffic rules and signals.
8. Team participants who have completed their leg of the race may proceed to the finish area. To avoid congestion along the race route, participants should return on the opposite side of the street or by some other route.
9. Only the racer from Leg #5 can cross the finish line.
10. Observers will be positioned along the entire route. They will give penalties to any racer running, crossing against a yellow or red light, elbowing a competitor or violating any other rule. **NO WARNINGS WILL BE GIVEN.** All violations will be reported to the timers at the finish line. Teams with violations will have penalty seconds added to their finishing times. (30 seconds per violation)
11. Refreshments will be provided at the finish area. Please keep race numbers on to receive refreshments.
12. RELAY winners will be announced approximately 20 minutes after the last team crosses the finish line. Awards are given for 1st, 2nd, and 3rd places.
13. In case of a tie, a coin will be tossed to determine the winner.
14. Cheering sections are encouraged and welcome!